



Eating Well Through Cancer Treatment

Learn about effective nutrition strategies to support cancer recovery, enhance comfort during treatment, optimize nutrition intake, and manage common side effects that affect your ability to eat. Whether you're beginning treatment or in the midst of battling cancer, this seminar offers valuable insights.

Online class. No fee.

Every 3rd Monday of the Month
5:30 pm – 7:00 pm

Call to enroll! 858-616-5600



Scan the QR code for
more information!

POSITIVE CHOICE
INTEGRATIVE
WELLNESS CENTER


thrive
SAN DIEGO, CA